rear line of Novogeorgievak. The adtule and the Bug also is being pushed on ceaselessly."

The opinion of military authorities here is that the main plan of the enemy has already failed, but it is still open to question whether he may not strike a severe blow at some portion of the Russian forces.

At present the facts available suggest that the regrouping of the Czar's armies will be carried out without

serious molestation. The evacuation of Riga, which is being vigorously executed, is now described as merely a precautionary measure. Telegrams from the town suggest that certain officials, who are of the German race, are seeking to

Large numbers of refugees from Riga have arrived here and have filled up the hotels. The railway stations in the Baltic capital are still crowded with people waiting to secure tickets and register their luggage.

REPORT DISCUSSED

IN OFFICIAL CIRCLES PETROGRAD (via London), August 9 .- The report that Germany had made peace proposals to Russia was circulated in official circles here several days ago and was discussed freely in the lobbles of the Duma, says the Vechernee

"We learn on good authority," adds the newspaper, "that Germany, through Denmark, proposed to Russia a separate peace, Russia to receive Galicia, while Germany would retain the western district of Poland. A representative of the Foreign Office categorically denied that there was the remotest possibility of any peace negotiations. In the lobbies of the Duma, the proposal was dismissed as unworthy of serious consideration."

DARING SCHEME

SLOWLY UNFOLDS (Continued from First Page.)

declare that lately they received only eight cartridges daily

'An officer of the Russian general staff admitted that Brest-Litovsk would be unable to resist such a charge as that made by the army of General

"'Despite the fact that the Russians had removed all the supplies and had set fire to all the villages, the German and Austrian railroads were reopened speedily, and the problem of restoring traffic for the purpose of forwarding troops was quickly solved.

'Great herds of cattle, which were driven behind the advancing Teutonic troops, permitted the latter to receive three warm meals daily. The colossal organization of the victorious Germans caused a veritable sensation in the evacuated villages. This organization enabled the Germans to maintain hunof thousands of troops between the Vistula and the Bug in much the. same manner as they would have lived at home. Millions of bottles of mineral water were distributed among the troops.

WILD WITH DELIGHT WHEN GERMANS ARRIVE PRINCE'S PROCLAMATION

[Special Cable to The Times-Dispatch.] BERLIN (wireless via Sayville), Au- [Special Cable to The Times-Dispatch.] gust 8 .- The Trans-Ocean News Bureau

Warsaw were greeted by enthusiastic tions that it be read to the troops, crowds as their liberators from Russian was found on the body of an officer Flagpoles and houses were killed in the Argonne. The proclamadraped abundantly with bunting and tion announces the fall of Warsaw the streets were filled with jubilant and gives the congratulatory messages tion had disregarded the orders of the Wurttemberg to the crown prince's Russian commander to leave the town forces upon their courage and endur The peasant families who had been their heavy losses. driven by the Russians into Warsaw already have emigrated and have been exhorting the troops to fight valiantly restored to their homes.

in order that the important objective Similar scenes were enacted at might be obtained despite the formidlyangorod and Lublin, where large able obstacles. stores of flour and other foodstuffs fell into the hands of the generals commanding the troops first to arrive were formally greeted by the city representatives who were prommild regimen, provided the ish positions on Gallipoli Peninsula is to get rid of the enemy."

SHELLS COME REGULARLY

[Correspondence of Associated Press.] trenches. DUNKIRK, FRANCE, July 22 .- The here only four and a half minutes out our left wing captured some trenches

The people take advantage of the artillery preparation from land and sea, intervals between to transact business, allowing themselves about half a minute to make for their cellars. In the general post-office, for in-

stance, four and a half minutes after ground. the explosion of the first shell clerks and applicants for mail disappear together for the basement. After the expected shell explodes they come out again, and business goes on as usual until it is time to run again to safety.

FRENCH AND BRITISH

REPORTED AT ODDS BERLIN, August 8 (by wireless to Sayville).—The following was given Starts for Vorters,

"Athens newspapers ray King Constantine has determined personally to open the new session of Parliament with a speech emphasizing that pres- AMERICANS BARRICADE ervation of Greek neutrality is the only

guarantee of the country's welfare.

"The Lokal Anzeiger prints a letter dated Hoboken, Belgium, July 14, say- raided the Norias ranch, taking horses, WASTE OF A ing that the Dutch steamship Rotter- provisions and several rifles. parently in the hope that she would be and Kingsville for help. Shortly after-mistaken for a British troopship and wards the Mexicans cut the wires. torpedged by a German submarine."

HOSTILE FEELING GROWS TOWARDS CHANCELLOR

[Special Cable to The Times-Dispatch.]

WHAT WARRING NATIONS CLAIM IN THEIR OFFICIAL STATEMENTS

French.

PARIS, August 8 .- Official: "In Artois there has been the usual hand grenade combats around

Souches. "In the Argonne, at the close of the day of the 7th, the Germans succeeded in penetrating one of our projecting works in the western portion of the forest north of Fontaine Houyette. They were driven out by a counterattack, and were unable to maintain anything except an observation post in front of our

"During the night the enemy attacked our positions at Fille Morte. The Germans obtained a footing in one of our trenches, but were immediately driven out, except on a front of about thirty yards.

'In the Vosges the German attacks of yesterday afternoon were of an extremely violent character. The attacks were directed against our positions at Lingekopf, Schratzmaennels and the ridge separating the two heights. Our assailants were completely repulsed, sustaining heavy losses. On the front of only one of our companies, more than 100 dead Germans were left among the barbed wire entangle-

"Off Nicuport the Germans tried to destroy two hydroplanes of the allies, using guns of heavy caliber. Our artillery very soon silenced the German batteries. Of the two hydroplanes, one came back under its own power, and the other was towed to the beach without being damaged.'

Italian.

ROME, August 8 .- Official:

"Our Alpine contingents yesterday advanced along the difficult rocky crest of Valle del Monte and surprised and dispersed the intrenched Austrian troops at Punta del Cavallo, capturing a quantity of ammunition and war material.

"On the same day our artillery expelled other Austrian troops intrenched at Malga-Paludei, north-east of Punta del Cavallo, in the Valley of Sexten.

"After ample artillery preparation infantry advanced gradually and repulsed the enemy, who had

deburger Zeitung, which warns the

trust of the leading German statesman

in view of the effect upon foreign coun-

IN NORTHERN FRANCE, August 8.

-The text of a proclamation issued by

by a surprise attack and prevented him

made a number of attacks against the

a portion of them. Toward evening we

recaptured the greater part of the lost

"On the same day near Sed-el-Bahr

we repulsed the enemy, who attacked our right wing south of Saghadere."

TEXAS RANGERS IN BATTLE

THEMSELVES IN RANCH HOUSE

A special train was started from Sarita carrying aid to the ranchers.

A NERVE TONIC

MEXICAN OUTLAWS ENGAGE

tries.

reached the slopes of Montenero as far as Burgstal, which he had fortified.

"In the Carso region yesterday the enemy endeavored to check our advance, and make frequent counterattacks, which were repulsed. Our artillery bombarded a column which was marching along the Devetaki front. These troops had been responsible for a number of explosions and fires near Marcotini."

German.

BERLIN, August 8 (wireless via London) .- Official:

"In the western theater: French hand grenade attacks near Souchez and counterattacks against the trenches taken from the French on Friday in the Western Argonnes were repulsed. Fighting in the Vosges north of Munster was renewed yesterday afternoon. ever, the night passed quietly.

"In the eastern theater: German troops on the Narew are approaching the Lomza-Ostrov-Wyszkow road. South of Wyszkow the River Bug has been reached. Serock, at the mouth of the Bug, has been occupied. Near Novogeorgievsk our slege troops have taken the forts of Segrae. Near Warsaw we have gained the eastern bank of the Vistula.

"In the southeastern theater: Under pressure by the troops of General von Woyrsch, the Russians are retreating in an easterly direction. Between the Vistula and the Bug the left wing armies, under General von Mackensen, have driven the enemy back in a northerly direction. Our right wing is still fighting in the direction of the River Vieprz."

Turkish.

CONSTANTINOPLE, August 8 (via Berlin and London).-Official:

"On the Caucasus front the enemy is retreating to the westward.

"On the Dardanelles front, near Avi-Burnu, our left wing made a surprise attack on the enemy trenches. In the afternoon stiff fighting occurred near Sed-el-Bahr. A stubborn enemy attack south of Sigin-Dere was repulsed."

man Chancellor von Bethmann-Hollweg. A number of influential members of the tion is growing over the actions of Ger-National Liberal party have started a GALLIPOLI COLLAPSES strong movement against the chancellor. The only organ of the party which does not join the attacks is the Mag-

Forces Declares Situation Is Most Favorable.

FOUND ON DEAD SOLDIER Brave Ottoman Soldiers Not Easily Frightened by Noise-Invaders, in Lose Ground Steadily.

around here. You can go anywhere cause of this interesting condition. Almen, women and children. The popula- sent by the Kalser and the King of you please," said Field Marshal Liman ready the British trenches have been before the evacuation by the troops, ance displayed in recent actions despite Press correspondent, when the latter Hand grenades and large bombs thrown The Kaiser concludes his message by permission to visit the front.

"I may add that the military situa- Turkish officers. tinued. "We intend driving the Brit- inches long. ish out of Ari Burnu, before long. But inner tube filled with an explosive. ON TURKISH POSITIONS

The Turkish War Office admits loss of sula is a man somewhat advanced in demeanor. ground, but asserts that in another en- years, but remarkably well preserved. E REGULARLY ground, but asserts that in another en-EVERY FIVE MINUTES gagement the Turks captured some He is about six feet tall and well pro-and Sed-el-Bahr is very favorable," he renches.

portioned in body; there is a soft said. "The British and French have quality in the lines of his face and the been obliged to assume the defensive. bombardment of Dunkirk by the great given, says:

The report, whose date of issue is not bombardment of Dunkirk by the great given, says:

"Yesterday evening on the Dardapermits the carrying on of business nelles front in the region of Avi-Burnu tary mission, in the report, whose date of issue is not expression of his eyes. Liman Pacha which, I should say, is not what they to assist, as head of the German military mission, in the report, whose date of issue is not expression of his eyes. Liman Pacha which, I should say, is not what they to assist, as head of the German military mission, in the report, whose date of issue is not expression of his eyes. Liman Pacha which, I should say, is not what they to assist, as head of the German military mission, in the report, whose date of issue is not expression of his eyes. tary mission, in the reorganization of the Ottoman army. He has been an Essad Pasha then recounted what Only one gun is being used, and the from bringing up re-enforcements. In shells come regularly every five minthe afternoon the enemy, after violent, and the splendid conduct of the Sultan's of the mighty bayonet charges by the troops in this war may be said to be Turks. Most of them did not like the largely due to the reforms instituted on experience. trenches on our left wing, penetrating his advice.

> ated Press correspondent, Liman Pacha bayonets fixed. Noise has a stimulatoutlined briefly the course which milling effect at times, while its absence tary events on the peninsula had taken acts in an opposite direction," he said. since the landing in the last week of

> "In forty-nine days (the interview which dropped three large bombs, occurred on June 11) the allies have Throughout the day the sniping done little beside losing ground from both trenches continued. A steadily," said the commander.

acar here, that four companies of the United States infantry were being rushed to Norias from Fort McIntosh, which all commanders at the front were The Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Gallipoli camp to the Commanders at the front were the Commanders at the Commanders at the front were the Commanders at the Comm Later in the day the correspondent pedo-boats and destroyers were patrolrequested to permit an inspection of allies, according to officers of the Ottotheir sectors of the holder. On the man army, was to take the forts ; uardfollowing day. June 12, the positions at ing the entrance and lower reaches of

ing that the Dutch steamship Rotterdam, detained by the British in June, they returned, and a pitched battle was was compelled to make several trips at hegun, the fourteen Americans barricaling the tween Dover and Calais, appropriate the fourteen Americans barrical right between Dover and Calais, appropriate the ranch house, and the fourteen Americans barrical right between Dover and Calais, appropriate the ranch house, and the ranch house in the form the ranch house that the hope that she would be and Kingaville for help. Shortly after the ranch house hombardment of cartain parts of the land of these only Kaba Tene cruisers were maneuvering when the remaining at the same to cartain parts of the land of these only Kaba Tene cruisers were maneuvering when the results of the same to cartain parts of the land of these only Kaba Tene cruisers were maneuvering when the ranch house.

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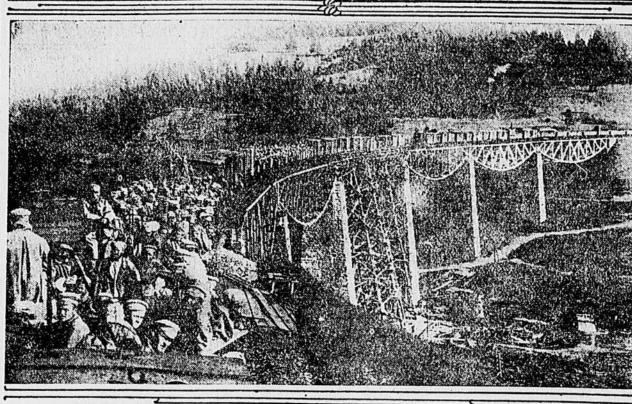
A. M. they had kept up a rather severe hombardment of cartain parts of the land of these only Kaba Tene cruisers were maneuvering when the ranch house.

A. M. they had kept up a rather severe hombardment of cartain parts of the land of the same to cruisers were maneuvering when the ranch house.

A. M. they had kept up a rather severe hombardment of cartain parts of the land of the same to cruisers were maneuvering when the ranch house.

A. M. they had kept up a rather severe hombardment of cartain parts of the land of the same to cartain parts of the land of the same to cartain parts of the land of the land of the same to cartain parts of the land of the l But in the Aegean Sea, two British that of these only Kaba Tepe was a cruisers were maneuvering when the reint, insisting at the same time the reint, insisting at the same time the Kum ride to Ari Burnu began. Since 5:30 agrection of the allies that the Kum bombardment of certain parts of the maneuver is due to the fact that the peninsula. Passing through the section under fire it was obvious that in-they had taken there. The landing at direct fire, without observers, is a waste Ari Burnu was intended as a flank at-

RUSSIANS CAPTURED BY ARMIES OF KAISER



Trainionals of Russian Prisoners Captured in Galicia

The entire world is marvelling at the extraordinary feat of the German drive, in which they routed the Russians out of Galicia and have driven them through Russian Poland. The master coups of the German commanders forced great numbers of Russians to surrender and the grand duke's armies to retreat in haste. The picture shows a trainload of Russian prisoners passing on their way to Austrian concentration camps.

were counted, and the result achieved Zealanders, now hemmed in at Art Mr. and Mrs. Daniel Morgan Burgess is represented by zero.

The bombardment ceased about 7 A. M. A little later the Ari Burnu position was reached, and the journey covered ground formerly occupied by the British troops, which at Ari Burnu are exclusively contingents from Australia and New Zealand.

The center of the British position is Ari Burnu, or Cape Ari. Here a long outer trench has been dug. Behind this outer trench the British have established a second line of defense, consisting of two short sectors. Back of the southernmost of these sectors lies another trench, serving, evidently, as a support to an artillery redoubt located on the summit of Cape Ari itself.

This may be called the center of the British position, though the left flank of the British consists of a single short trench on a hill about 400 yards north of the extreme point of the northern sector. The British right flank, or southern

series of intrenchments, is located on the southeast of the Korkou-Derest members against displaying any dis- Supreme Commander of Turkish vanced trench and two supporting sec-

> With Ari Burnu as pivot, the Brit-SAYS THIS IS WAR OF NERVES 2,800 yards long from north to south, and 1,100 yards wide in a line drawn across Ari Burnu. The site is rather bare. There is a small spring on it, and most of the water needed by the British Forty-Nine Days, Do Little Beside troops has to be brought from the ad-Jacent islands.

> The Turkish trenches are in one case [Correspondence of Associated Press.] only two yards from the British trench. GENERAL HEADQUARTERS, GAL- At another point the trenches of the op-LIPOLI, June 14.—"There are no secrets posing forces are only ten yards apart. Constant sapping by the Turks is the von Sanders Pacha to the Associated blown up by the Turks in three places. presented his credentials and asked for One of the former had failed to explode and was the subject of study of some tion is most favorable for us," he con-

AMSTERDAM (via London), August schieve that without making the sac-Balkan war defender of Janina, was 8.—A land and sea attack on the Turkpopulation obeyed orders and followed police regulations. A sad is a man of medium neight, signified, police regulations. A sad is a man of medium neight, signified, police regulations. A sad is a man of medium neight, signified, gray about the temples, of dignified, military appearance and courteous

"The situation here at Ari Burnu

"I admit there is something uncanny In his conversation with the Associ- in men rushing a trench silently with The afternoon was made interesting by a visit from a British aeroplane

"Their offensive collapsed as soon as flank added to the picture by taking we were able to counteract their tactics. a pot shot at some part of the oppon-It must be borne in mind that this ents' trenches. The British pieces on happened despite a superiority in ar-Starts for Norias.

Starts for Norias.

BROWNSVILLE, TEX., August \$.—

Mexican outlaws engaged in two batters with Texas Ranges and county deflects to-night near Norias, Tex., sixty officers to-night near Norias, Tex., sixty and days the allied ships bomofficers with each other. The French converse with each other The French accuse the British of having lost courage on account of their heavy losses.

"A Milan dispatch says and days the allied ships bomofficers to-night near Norias has sent out a fact for help.

Results of the fighting are not known have purchased five Italian ships, filled them with ballast and sunk them off the peninsula to form a bridge for landing of heavy artiliery.

"The Central Rangway station at Belling hide of Norias."

Starts for Norias.

BROWNSVILLE, TEX., August \$.—

Mexican outlaws engaged in two batters and every and days the allied ships bomoffers and searched every part of the peninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the peninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the peninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the peninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the geninsula with an artillery fire as segment and searched every part of the search of the sear

The Gallipoli campaign plan of the the Dardanelles. For this purpose landings were made at Kum Kale, WASTE OF AMMUNITION Sed-el-Bahr. Ari Burnu and Kaba Tepe. Essad Pasha is of the opinion of ammunition. The fire of the cruisers was purely "chance" work. No
aeroplane or captive balloon was up,
and the heavy shells exploded in the of the peninsula between Ari Burnu

And the heavy shells exploded in the of the peninsula between Ari Burnu [Special Cable to The Times-Dispatch.]

COPENHAGEN, August 8.—According to telegrams from Berlin, dissatisfactory for the called phosphate.

Recommended for relief of insemnia impaired nerve force and fatigue. Invigorater to the called system.

Recommended for relief of insemnia impaired nerve force and fatigue. Invigorater to open and on the wheatfields. Ninety and Maidos, the Australians and New insemple to the called system.

Realanders, now hemmed in at Ari Mr. and Mrs. Daniel Morgan Durnu. were also to cut off the land of Highland Park, Richmond.

After a short service at the Methotrops at Sed-el-Bahr. Meanwhile, dist Church here to-morrow morning, conducted by Dr. Collonna, presiding the troops landed at Sed-el-Bahr were to advance north, and in so doing take the Turkish forts on the European shore of the Dardanelles from the land side. With these forts taken the land side. With these forts taken the land side. With these forts taken the land side. side. With these forts taken, the taken direct to the Highland Park water route to Constantinople would Methodist Episcopal Church, where the Prompt action by the Turkish army will be in Hollywood Cemetery. formed circles in Constantinople that General d'Amade, favored a landing near Enos, on the north shore of the Gulf of Saros, but that Sir lan Hamilton was against this.

DEATHS IN VIRGINIA

[Special to The Times-Dispatch.] PETERSBURG, VA., August 8.— rcher Peterson, a former Petersburger, died at his home near Grandy, in Brunswick County on Saturday, Mr. Peterson was forty-six years of age, and was engaged in merchandise business. His remains were brought to this city this evening, and the funeral services will be held at the Peterson was forty-six years of grave in Blandford Cemetery.

Mrs. Julia Burgess Odell. [Special to The Times-Dispatch.]
SOUTH BOSTON, VA., August 5.—
Mrs. Julia Burgess Odell, wife of Rev.
E. K. Odell, died this morning at 1:30
o'clock at the Methodist parsonage on

water route to Constantinople would Methodist Episcopal Church, where the have been open as far as Nagara, funeral services will take place. Burial ruined the plan, bringing about what General d'Amade, commander of the French contingent, is said to have feared. It is understood in well-in-It is understood in well-in- Church will act as pallbearers. Henry Connelly. [Special to The Times-Dispatch.] PETERSBURG, VA., August 8.— John Henry Connolly, aged sixty-nine years, of Dinwiddie County, died at the

Petersburg Hospital this morning. His remains will be taken to Dinwiddie County for interment in the family burying-grounds near Rocky Run Mrs. Francis L. C. Cluburne. [Special to The Times-Dispatch.] PETERSBURG, VA., August 8.—Mrs. Francis L. C. Claiburne, widow of Dr. James W. Claiburne, died at her resi-

dence on Market Street last night. She

Peyton B. Gravely. [Special to The Times-Dispatch.] WOODSTOCK, VA., August 8.—Peyton B. Gravely, for many years a leading tobacconist, of Danville, died here upper Main Street after a few days' cancer of the mouth as a consequence illness of apoplexy. She was in the thirty-fourth year of her age. Besides her husband, she is survived by one ago from Danville. Burial will be held son, Fred, and her mother and father, at Danville on Tuesday.

years. She is survived by one daughter,

Miss May Claiburne, of this city,

Noah Responsible for Fall of Man

Tablet, at Least 1.000 Years Older Than Book of Genesis, Translated.

PHILADELPHIA, August 8 .- Noah, not Adam and Eve, brought about the fall of man, according to a translation of a tablet now in the University of Pennsylvania Museum. An announcement to that effect, made to-day by museum officials, said the tablet, written before the days of Abraham, and translated by Dr. Stephen Langdon, professor of Assyriology in Oxford University, England, recorded Noah was ordered not to eat of the cassia tree in the Garden of Paradise, and when he disobeyed the curse fell upon him.

The curse was that he should have ill health and an early death, instead of living to be 50,000 years old, like his

According to the announcement today, Dr. Langdon believes the tablet is at least 1,000 years older than the Book of Genesis.

FOREIGN OFFICE EXPLAINS STOPPING OF COAL EXPORT

[Special Cable to The Times-Dispatch.] LONDON, August 8.-The official press bureau makes the following an-

"The Foreign Office, explaining its ecent order prohibiting export of coal, states that an entire stoppage is not intended, but that licenses will be required for exportation to places not in British possession or under British protectory.



Makes the purchase of your Plane Just a very moderate first pay-ment—then little monthly sums secures any desired instrument in this matchless assemblage of 12 of

the world's best makes. Come in and select your Piano to-



213 East Broad Street.



great statistician, Roger Babson, says: "We have been nation of spendthrifts long us, where they will earn com-

Savings Bank of Richmond 1117 E. Main St.

SEE VIRGINIA FIRST **EXCURSION TO** NATURAL BRIDGE

CAVERNS OF LURAY

In connection with the three-day excursion which the Norfolk and Western Railway will run from Richmond to Lynchburg, Roanoke, etc., on August 17, arrangements have been made by that company for an excursion from Lynchburg via Roanoke to Natural Bridge and Luray on August 18, Round trip fares from Lynchburg to Natural Bridge \$1.75, and to Luray \$3.00. Round trip fares from Roanoke to Natural Bridge, 75 cents, and to Luray, including transportation to and from Cave, \$2.50. This is a rare opportunity to visit at small cost these wonderful works of nature, in Virginia, which people come from all over the world to see. Further information on the subject may be had In connection with the three-day formation on the subject may be had at Norfolk and Western office, Ninth and Main Streets.

C. H. BOSLEY, District Passenger Agent. Phone Madison 487.

Office Furniture of **Quality and Distinction**

It gives service and satisfac-

Phone our representative and

talk it over. SYDNOR & HUNDLEY,

Incorporated

August Clearance Sale



RICHMOND LUMBER CO., Inc

SASH, BLINDS, DOORS, FRAMES.

Many a Business Man

who is careful to protect himself in money matters, is

careless about health-his most valuable asset.

For many, coffee drinking silently undermines health, because each cup contains about 21/2 grains of the cumulative, harmful drug, caffeine.

Five to six grains of caffeine will kill a rabbit or a cat, and repeated daily will cripple a man.

How cripple a man? The caffeine, little by little, causes hardening of the arteries and premature old age, showing more in some than in others.

Some of the symptoms of caffeine poisoning are headache, nervousness, biliousness, heart flutter, sleeplessness at night, and "fag" after coffee's reaction in the daytime.

The way to avoid all coffee troubles is to leave coffee alone and use

Instant Postum

—the pure food-drink.

There's no caffeine nor any other harmful substance in Postum. Made from prime wheat, rossted with a bit of wholesome molasses, it contains all the goodness of the grains, and is nourishing, economical and delicious.

There's no "fag" in Postum, and

"There's a Reason"

-sold by Grocers.